

## Travelling to the University Independently

From Heathrow and Gatwick to Newport or Cardiff by coach

Both airports have direct coach links to Newport/Cardiff. There is a travel information desk at every terminal where staff can help you to plan your journey. Please note there is a limit on the amount of luggage you will be able to take on to the coach (two medium sized cases, maximum total weight 20kg). From Heathrow, the journey to Newport will take between two and a half and three and a half hours and to Cardiff will take about three to four hours and both journeys will cost around £40. From Gatwick, both journeys will last four to five hours and cost around £50. Coaches operate approximately every hour between 6am and 11pm.

Depending on which stop your bus drops you at (Sophia Gardens, Cathays or The Kingsway), you may need to complete your journey to your final destination by taxi or train. Taxis are available from all the coach drop off points in Cardiff.

If you plan to travel from Cardiff to another campus please see the information guides available on our website.

You can book seats on arrival at Gatwick or Heathrow, or you can order in advance by calling +44 (0)8705 808080 or online at [National Express](#)

### If in doubt

If in doubt, take these travel instructions to a helpdesk in the airport, train or bus station where staff will be able to assist you.

You may find the following websites useful:

- [Bus enquiries- National Express](#)
- [Train enquiries- National Rail](#)
- [Arriva Trains Wales](#)
- [AA Route Planner](#)
- [Cardiff International Airport](#)

**We wish you a safe journey!**

**On arrival at the University please ensure you contact home to tell your family/ friends of your safe arrival in the UK. This is your responsibility and not the responsibility of the University**